



# FISHKILL RECREATION

793 Route 52, Fishkill, NY 12524 ~ tel. 845.831.3371 ~ fax 845.831.3169 ~ www.fishkillrecreation.com

## TOWN OF FISHKILL RECREATION

### COVID-19 PROTOCOLS & PROCEDURES FOR FITNESS PROGRAMS:

At Fishkill Recreation, Safety is our number one priority. In an effort to maintain the health of our participants, instructors, staff, and volunteers, please note and adhere to the following items.

#### **HEALTH SCREENING, ATTENDANCE, & RECORD KEEPING:**

- Everyone must continuously monitor and self-screen themselves and observe/check for any [signs and symptoms of COVID-19](#). Please notify a Recreation team member if there are any signs and symptoms of any illness.
- Please stay home if you are sick, not feeling well, or exhibiting any [signs and symptoms of COVID-19](#).
- Please stay home for 14 days if you have visited an area prevalent with the COVID-19 or listed on the [NYS COVID Travel Advisory](#).
- Each participant will complete a registration form which will include their name, DOB, and contact information.
- Everyone (staff, instructor, volunteer, participant, etc) must consent to having their temperature taken by a non-invasive scanner upon arrival each class.
- Everyone must complete a [Self Health Assessment Form](#) prior to each class.
- Health Screen Forms along with individual temperatures will be kept on file.
- If a temperature reading is 100.4 or greater is present, the person must go home and can not attend/return until they have been 72 hours fever free without any additional signs and symptoms of the COVID-19 as out outlined by the CDC guidelines for [“When can I be around others?”](#). If you or your child has a temperature of 100.4 or greater, we will not wait and take the temperature again to see if it drops. If you receive a reading of 100.4 or greater we are obligated to send you home right away.

#### **MASKS/FACIAL COVERINGS:**

- Everyone must wear a mask or face covering as they enter or exit the facility.
- Masks/facial coverings must be worn at all times (including while exercising) throughout the facility.

#### **CLEANING & HYGIENE:**

- Everyone must wash or sanitize their hands after sign-in, after using the restroom, and after coughing/sneezing.
- Participants may use their own equipment (weights, mats, etc).
- Equipment provided by the instructor and/or Fishkill Recreation will be sanitized prior to each class and after each use.
- Equipment will not be shared unless it can be sanitized after each use.



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- The Facility will be cleaned by the cleaning company at the close of each night. This will include frequently touched areas such as doorknobs, counter tops, tables, chairs, light switches, computers, touch screens, keyboards, handles, desks, toilets, sinks, etc.

## **AIR HANDLING:**

- The air handling systems for the facility have been upgraded to include MERVE-11 filters.
- In addition, iWave air purifiers have been installed throughout the entire facility to remove contaminants in the air and improve indoor air quality.

## **CAPACITY:**

- Participants must pre-register to ensure that capacity can be controlled and maintained.
- Maximum class capacity will be capped at the number of people that can adhere to 6-foot social distancing but will not exceed 33% of the occupancy limit.
- Instructors are responsible for cleaning and disinfecting their area (equipment, tables, chairs, etc) after each class.
- Time will be scheduled between classes to allow for appropriate cleaning and disinfecting between classes.

## **AMENITIES:**

- Participants must bring their own water bottle.
- The bottle refill station in the lobby may be used to refill your bottle.
- The water fountain and water cooler may not be used for drinking or refilling bottles or cups.
- There are no showers on premise.

## **INSPECTION:**

- The local health department has inspected this Safety Plan and Facility at 793 Route 52 Fishkill NY 12524 on \_\_\_\_\_.

Please also see our ["Covid-19 Written Safety Plan"](#) for more information on our action plan in response to COVID-19.